

PRESENTERS

Kermit Crawford, PhD

Principal Investigator/Project Director (PI)



Kermit A. Crawford is a clinical psychologist who received his doctorate from Boston College. He is a designated forensic psychologist and researcher. He is also director of the Center for Multicultural Mental Health (CMMH) of Boston University School of Medicine and Boston Medical Center. Dr. Crawford has extensive work experience in multicultural behavioral health disaster response, trauma and grief, substance abuse and co-morbid disorders.

Shamaila Khan, PhD

Program Co-Director



Shamaila Khan has a doctorate in Clinical Psychology with a psychodynamic background and an interest in postcolonial theory. Her specialty training is in Trauma: Individual trauma, group/community based trauma, immigration/postcolonial trauma and disaster related trauma. Her interests are in the intersection of Trauma and Multiculturalism. Dr. Khan received her doctorate from Adelphi University in NY and completed her clinical training in varying inpatient and outpatient settings with a multiculturalism/diversity & Trauma based focus at NYU-Bellevue Hospital, Creedmoor Psychiatric Center, and the Cambridge Health Alliance/Harvard Medical School. She is currently the director of the Haiti SERG Grant, providing disaster related psychological services and trainings at BMC. She is an active member of the Multicultural committee of the APA Division of Psychoanalysis. She also serves on the Disaster Behavioral Health Advisory Committee of the MDPH. She is of Pakistani American descent and raised on three different continents, she is conversant in seven languages.

Lynn Moore, PhD

Program Co-Director



Lynn Moore is an educational practitioner that develops curricula and delivers courses in higher education, community non-profit agencies, state government, and corporations for non-traditional learners. He uses a learner-centered approach that allows students to demonstrate critical thinking, problem solving, and higher order of thinking skills needed for academic, career, and personal success. Dr. Moore's corporate experience includes development of project management processes and internal standards that successfully launched market-leading products.

April Naturale, PhD - ICF International



April Naturale was statewide director for New York City's Project Liberty. Naturale has 18 years of experience in the field of mental health, working in administration, program development, and clinical practice. She is trained in disaster response, hypnosis, critical incident stress debriefing, and various forms of psychodynamic psychotherapy. A certified social worker (CSW) in New York and a licensed clinical social worker (LCSW) in New Jersey, she has a master's degree in social work from Columbia University and is a PhD in clinical social work from New York University.



EXCEPTIONAL CARE. WITHOUT EXCEPTION.

The Psychological Resilience – Basic Training and Psychological Resilience – Training of Trainer (ToT) Training and all related documents and course materials have been developed through a contract with the Emergency Preparedness Bureau at the Massachusetts Department of Public Health, with funding from the Assistant Secretary for Preparedness and Response (ASPR) Hospital Preparedness Program. Its contents are solely the responsibility of the authors, and do not necessarily represent the official views of ASPR or MDPH.

CENTER FOR MULTICULTURAL MENTAL HEALTH
PRESENTS

PSYCHOLOGICAL RESILIENCE TRAINING

Mar. 2, 2012 / Mar. 9, 2012

Apr. 24 & 25, 2012 / May 10 & 11, 2012

Sponsored by:

Massachusetts Department of Mental Health

Massachusetts Department of Public Health

Health and Human Services
Assistant Secretary of Preparedness

PSYCHOLOGICAL RESILIENCE

BASIC

(ONE DAY TRAINING)

Goals

This introductory training will provide information about the basics of Psychological First Aid, Psychological Resilience, and Stress Identification and Management in the aftermath of disasters. The target audience will be local/public health first responders and hospital preparedness staff, disaster behavioral health workers, Emergency Medical Services, Emergency Management Staff, Medical Reserve Corps and others involved in Disaster behavioral health response.

Learning Objectives

- Participants will be able to identify three personal resilience coping skills.
- Participants will be able to identify the eight core elements of Psychological First Aid.
- Participants will be able to report competence in applying Skill Building Psychological First Aid by describing two skills practiced in the training.
- Participants will be able to develop skills toward the provision of culturally and linguistically competent care in disaster situations

March 2

Hoagland-Pinus Center
222 Maple Avenue,
Shrewsbury, MA 01545-2732
Telephone: (508) 856-5813

March 9

Boston Medical Center
Fuller Building Auditorium
85 East Newton Street,
Boston, MA 02118

PSYCHOLOGICAL RESILIENCE

TRAINING THE TRAINERS (TOT)

(TWO DAY TRAINING)

Goals

This advanced training will build on the fundamentals of Psychological First Aid and Resilience Skills, while integrating practical experiences (e.g. role plays vignettes and consultative feedback). Participants will be prepared to conduct peer-to-peer training aimed at enhancement of capacity for Disaster response.

Learning Objectives

- Participants will be able to comprehend and demonstrate competency in at least two skills they will apply to train participants in the ToT session
- Participants will be able to identify the eight core elements of Advanced Psychological First Aid
- Participants will be able to enhance skills toward the provision of culturally and linguistically competent care in disaster situations.

April 24 & April 25

Pan African Historical Museum
1500 Main Street,
Springfield, MA 01115
Telephone: (413) 733-1823

May 10 & 11

Boston Medical Center, Carter
Conference Center, FGH Building
820 Harrison Ave, Boston, MA
02118-2905

WHO SHOULD ATTEND

- Local and Public Health First Responders
- Hospital Preparedness Staff
- Disaster Behavioral Health Workers
- Behavioral Health (mental health and substance abuse)
- Spiritual Care Staff
- Medical Reserve Corps
- Emergency Response
- Hospital Affiliated Personnel
- Rescue and Recovery
- Security Professionals
- Anyone who has responded to disaster relief efforts

Suggested Prerequisite:

Participants in the Basic training are encouraged to have participated in previous "Building Emotional Resilience for Massachusetts Disaster Response Workers" or who have completed the on-line training: Dealing with Stress in Disasters: Building Psychological Resilience or Psychological First Aid, available through the Local Public Health Institute of Massachusetts' site <http://www.masslocalinstitute.org/>.

If you need a special accommodation to participate fully in this training, please contact Dr. Lynn S. Moore at lynn.moore@bmc.org or call 617.414.4795 two weeks prior to training.

Continuing Education Units (CEUs) has been requested for: LICSW, LCSW, LSW, LSWA, Social Work (NASW), Psychology (APA Credit), Nursing (MARN-ANCC), LMHC-Mental Health Counselor (NBCC), and AOTA.

To register for or learn more about any of these programs please go to www.bmc.org/resilience.